

(ID. No. PU/PN/SC/160/2001)

(Affiliated to Savitribai Phule Pune University & Recognized by Govt. of Maharashtra)

S. No. 29/1+2A, Behind Sterling Honda, Pune-Mumbai Highway, Pimpri, Pune-411018

E-mail ID: csit@asmedu.org

Website: www.csitedu.org

Tel : (020) 66351700

Date: 20.09.2025

NOTICE

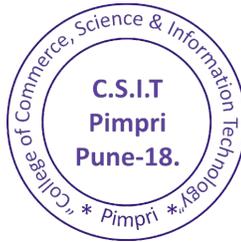
All staff members and students of **ASM's College of Commerce and Information Technology (CSIT)** are hereby informed that the **NSS Unit** of our college will be organizing a **“Health Camp”** for the benefit of students and faculty.

Date: 23rd September 2025

Venue: ASM CSIT College

Time: 01:00 PM – 2:00 PM

Note: Attendance of all students is mandatory. Please make sure to be present and participate actively in promoting health and well-being.





Principal

College of Commerce, Science &
Information Technology
S. No. 29/1+2A, Pune-Mumbai Highway,
Pimpri, Pune - 411 018.

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Agenda - Health Camp

Date: 23/09/2025

Time: 10.00 Am to 2.00 Pm

Venue: ASM CSIT College

Sr. No.	Time	Activity
1	10:00 am – 10:10 am	Inauguration & Guest Welcome
2	10:10 am – 10:20 am	Lighting of Lamp & NSS Song
3	10:20 am – 10:35 am	Address by Principal Sir
4	10:35 am – 11:00 am	Speech – Dr. Lalit Kanore Sir (Importance of Health Awareness)
5	11:00 am – 11:30 am	Health Awareness Lecture by Medical Officer
6	11:30 am – 12:30 pm	General Health Check-up (BP, BMI, Sugar Test, Eye Check-up)
7	12:30 pm – 01:00 pm	Dental Check-up & Health Counselling
8	01:00 pm – 01:30 pm	Free Distribution of Vitamins / Health Booklets
9	01:30 pm – 01:50 pm	Guidance on Mental Health & Stress Management
10	01:50 pm – 02:00 pm	Vote of Thanks – Mr. Chaitanya Hanote

Anand
EVENT

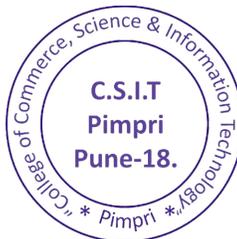
Coordinator

Chaitanya Hanote
VICE PRINCIPAL

(Science)

Lalit Kanore
VICE PRINCIPAL
(Commerce & Management)

Lalit Kanore
PRINCIPAL
College of Commerce, Science &
Information Technology
S. No. 29/1+2A, Pune-Mumbai Highway,
Pimpri, Pune - 411 018.



Committee for Health Camp

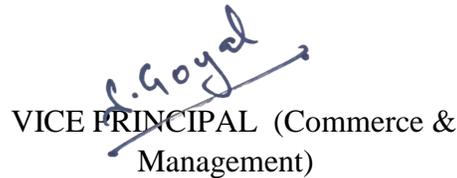
Sr.No	Committee	Committee Member Names
1	Notice & Agenda	Asst. Prof. Shahid Pathan
2	Stage Arrangement & Felicitation	Asst. Prof. Prasad Kadam
3	Banner	Asst. Prof. Prasad Kadam
4	Anchoring	Asst. Prof. Dnyanesh Mandale
5	Attendance & Photos	Asst. Prof. Prasad Kadam, Asst. Prof. Shahid Pathan
6	Technical Support	Mr.Sagar Patil
7	Vote Of Thanks	Asst. Prof. Mrs. Chaitanya Hanote
8	Report	Asst. Prof. Chaitanya Hanote


 EVENT

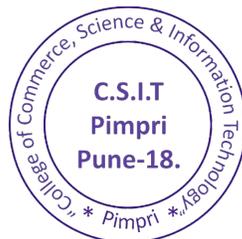
Coordinator


 VICE

PRINCIPAL (Science)


 VICE PRINCIPAL (Commerce & Management)


 PRINCIPAL
 Principal
 College of Commerce, Science & Information Technology
 ASM's CSIT
 S. No. 29/1+2A, Pune-Mumbai Highway,
 Pimpri, Pune - 411 018.





ASM's College of Commerce, Science & Information Technology

JOIN US FOR

A Comprehensive Health Camp in Association with NSS

-  Sugar & ECG
-  Eye Check-up
-  General Health
Checkup including BP



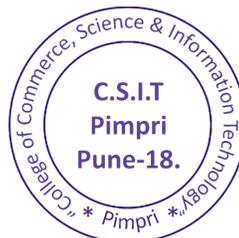
23rd Sept 25



ASM's CSIT Campus



9 AM Onwards



Detailed Report of Event “Health Camp”

Date	: 23/09/2025
Time	: 10:00 AM to 2:00 PM
Venue	: ASM's College of Commerce, Science & Information Technology (CSIT), Pimpri, Pune
Collaboration (If any)	: NSS Unit ASM CSIT
Coordinator	: Mr. Prasad Kadam

Introduction:

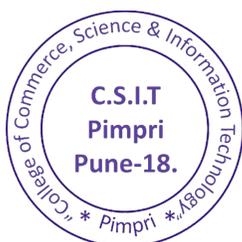
NSS Unit of ASM's College of Commerce and Science (CSIT) organized a *Health Camp* on 11th April 2025 with the objective of promoting health awareness and providing free medical check-ups to students, faculty, and non-teaching staff.

The camp was conducted under the guidance of **Principal, Dr. Lalit Kanore**, and **NSS Program Officer, Asst. Prof. Prasad Kadam**, with active support from the teaching and non-teaching staff.

To ensure smooth functioning and wider coverage, **two Mini Auditoriums** were allocated for the camp:

- **Mini Auditorium–1:** General Health Check-up (Blood Pressure, Blood Sugar, Dental, BMI, Basic Health Consultation)
- **Mini Auditorium–2:** Eye Check-up Camp

The event aimed to spread awareness about early diagnosis, lifestyle diseases, preventive health care, and the importance of routine medical check-ups. Apart from students, many faculty members and non-teaching staff also benefitted from the medical evaluations.



Objectives:

- 1 To provide free general health and eye check-ups to students and staff.
- 2 To increase awareness about common lifestyle disorders such as hypertension, diabetes, and dental issues.
- 3 To encourage students to prioritize personal well-being and preventive healthcare.
- 4 To guide students about early detection and timely treatment of health issues.
- 5 To promote the NSS motto “Not Me, But You” through service to the community.

Detailed Report:

The Health Camp began at **10:00 AM** with a formal inauguration ceremony. Principal **Dr. Lalit Kanore** welcomed the medical team and addressed the gathering, emphasizing the significance of routine health check-ups in reducing the risk of lifestyle diseases.

1. Inauguration Ceremony

Lighting of the lamp by Principal Sir and Staff Members.

NSS volunteers presented a welcome song.

Principal Dr. Lalit Kanore highlighted the role of health awareness in academic and personal growth.

2. Setup of Two Mini Auditoriums

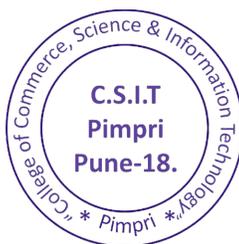
Mini Auditorium–1:

- BP Check-up
- Blood Sugar Testing
- BMI Measurement
- Dental Check-up
- General Physician Consultation

Mini Auditorium–2:

- Complete Eye Examination
- Vision Testing
- Screening for Eye Disorders

This dual-auditorium arrangement ensured smooth flow and minimized crowding.



3. Role of Faculty Members

Asst. Prof. Prasad Kadam, NSS Program Officer, supervised the entire event, coordinated with the medical team, and ensured proper organization throughout the camp.

Asst. Prof. Chaitanya Hanote provided significant support in the Eye Check-Up Auditorium and guided volunteers with scheduling and registrations.

Other faculty members assisted in maintaining discipline, data collection, and guiding the participants to different stations.

4. Health Check-Up Activities

Over the course of four hours, hundreds of students and staff underwent multiple tests:

a. Blood Pressure & Blood Sugar Testing

Conducted by trained medical staff using standard clinical equipment.

Students were educated on normal BP/Sugar levels and early signs of hypertension and diabetes.

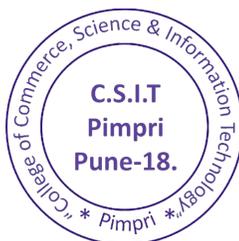
b. BMI & General Consultation

Height, weight, and BMI levels were recorded.

Doctors advised students on diet, exercise, stress management, and healthy daily habits.

c. Dental Check-Up

Dentists examined oral hygiene, cavities, gum health, and provided preventive care tips.



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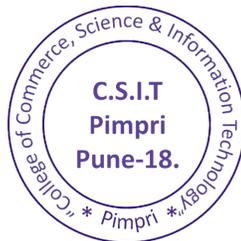
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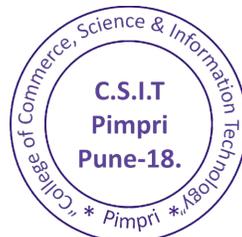
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d. Eye Check-Up Camp

Vision screening using charts and digital machines.

Detection of refractive errors, dryness, and preliminary eye conditions.

Students needing further evaluation were referred to specialized clinics.

Asst. Prof. Chaitanya Hanote monitored crowd flow and assisted the medical team.

5. NSS Volunteers' Role

NSS volunteers managed:

Registration counters

Queue management

Assisting medical staff

Distributing health-awareness pamphlets

Escorting students between the two auditoriums

Recording collected data and feedback

Their dedication ensured the camp ran efficiently and professionally.

6. Principal's Interaction with Students

Principal **Dr. Lalit Kanore** visited each section of the health camp, appreciated the volunteers, and encouraged students to adopt a disciplined lifestyle focusing on mental and physical well-being.

7. Vote of Thanks

The camp concluded at **2:00 PM** with a formal vote of thanks delivered by **Asst. Prof. Prasad Kadam (NSS PO)**.

He acknowledged:

Outcomes:

- 1 Students gained awareness about personal health, eye care, dental hygiene, and preventive health practices.
- 2 Early detection of health issues such as irregular BP, high sugar levels, and vision problems.
- 3 Increased participation and enthusiasm among students in NSS social activities.
- 4 Improved understanding of lifestyle disorders and the importance of timely medical examinations.
- 5 Strengthened the culture of wellness and health consciousness within the college community.
- 6 Enhanced leadership, teamwork, and organizational skills among NSS volunteers.

