

Date:-19/06/2025

Notice

All the teaching & non-teaching staff are hereby informed that at the occasion of International Yoga Day we organize the Yoga session at the college premises, so all are gather on 21st June 2025 at 8:30 am in Seminar Hall in proper Yoga dress. You should carry your own Yoga mat or any bed sheet with you. It is mandatory for all teaching & non-teaching staff to attend this session.

Note: Reporting time at 8:00am for all staff

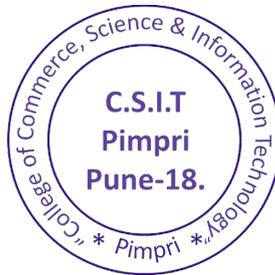
Co-Ordinator

Vice Principal

Vice Principal

Principal

College of Commerce, Science &
Information Technology
S. No. 29/1+2A, Pune-Mumbai Highway
Pimpri, Pune - 411 018.



Date:-19/06/2025

International Yoga Day 2025

Venue: Auditorium

Roles & Responsibility

Sr No		Responsibilities	Faculty Name
1.	Venue Set Up	Banner, Projector Set up ,Podium Set up, Sound system Check up with Micro phone etc.	Sagar Patil
	Stage, Banner ,Chair arrangements , Water Bottle	Chair arrangements , Water Bottle ,Felicitation materials etc	Bhushan Jadhav
2	Anchoring	Asst.Prof. Amruta Joshi	Asst.Prof. Amruta Joshi
3	Felicitation		Swati More
4	Photography & Videography:		Bhushan Jadhav
5	Attendance	Prepare Attendance sheet & Circulate	Savitri Mandhare
6	Vote Of Thanks		Asst.Prof. Amruta Joshi
7	Report Writing		Savitri Mandhare
8	Social Media & website		Bhushan Jadhav
9	News		Savitri Mandhare Swati More

Co-Ordinator

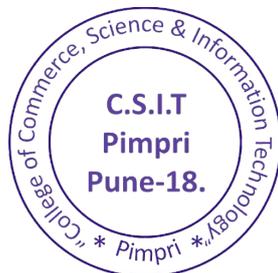
Vice Principal

Vice Principal

Savitri

Principal

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Date:-19/06/2025

To,
Mr. Hiranman Bhujbal
Chief Guest

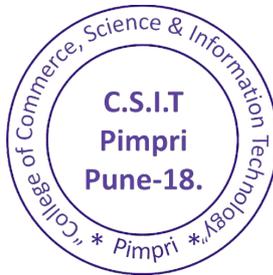
Sub: Invitation letter for Yoga Session as a Guest Lecturer

Respected sir,

On the occasion of International Yoga Day our college organise the Yoga Session & Lecture on Importance of Yoga for our physical fitness & good health. So we invite you as a guest lecturer for the session on 21st June 2025 in our college.

Venue: Seminar Hall (Pimpri Campus)

Time: 8:30

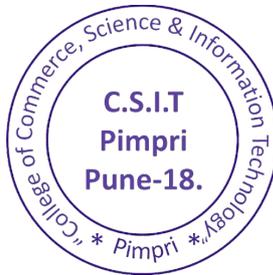


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Principal
Principal
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Agenda

International Yoga Day 2025

Time	Agenda
8:30 am	Guest arrival
8:35 am	Welcome
8:40 am	Introduction of Guest
8.45 am	Principal Speech
8: 50 am	Guest Speech
9:15 am	Yoga Practical by Guest
10:15 am	Vote Of Thanks



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Report of Event “International Yoga Day 2025-26

Date	: 21 st June 2025
Time	: 8:30am
Venue	: ASM'S CSIT Auditorium
Collaboration (If any)	: Dept. Of NSS
Coordinator	: Asst. Prof. Savitri Mandhare

Introduction:

International Yoga Day, celebrated every year on **21st June**, is a global initiative to promote the practice of yoga for holistic health and well-being. Recognizing the immense benefits of yoga in achieving physical, mental, and spiritual harmony, **ASM's College of Commerce, Science, and Information Technology (CSIT)** is proud to host a special Yoga Day celebration. This year, the event is organized in collaboration with the **Department of NSS** and aims to foster awareness about the ancient Indian discipline among the academic community. The program is open to **all teaching staff, non-teaching staff, and students**, and will be conducted in the **college auditorium**.

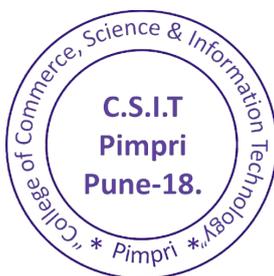
Objectives:

- 1 To raise awareness of the many benefits of Yoga for physical & mental health
- 2 To improve the flexibility, strength, balance & Endurance
- 3 To promote a healthy lifestyle

Detailed Report:

ASM CSIT College celebrated International Yoga Day on 21st June 2025 in the college auditorium with great enthusiasm and participation. On this occasion, Mr. Hiranman Bhujbal, a renowned yoga expert, was invited as the guest speaker. The event began with a warm welcome and introduction of all dignitaries by Asst. Professor Amruta Joshi, who also gave a special introduction of the guest, Mr. Hiranman Bhujbal. Dr. Lalit Kanore, Principal of ASM CSIT College, felicitated the guest by presenting a sapling as a token of appreciation and conveyed an inspiring speech on the importance of celebrating Yoga Day.

He explained the significance of this year's theme: “Yoga for One Earth, One Health”. Following this, the guest speaker, Mr. Hiranman Bhujbal, took over the session. He introduced Ashtanga Yoga to the faculty and students and emphasized the importance of yoga in students' lives. He also introduced Pranayama and conducted a practical session of yoga exercises and Surya Namaskar. At the end of the session, Asst. Professor Amruta Joshi expressed gratitude and delivered the vote of thanks. The entire program was organized gracefully by the Sports Department of the college. Mrs. Savitri Mandhare, Physical Director, efficiently coordinated the event. Asst. Professor Swati More, as a committee member, actively supported the successful execution of the program. The session proved to be very useful for both physical and mental well-being. All the faculty members and students resolved to practice yoga daily for a healthy life.



Lalit

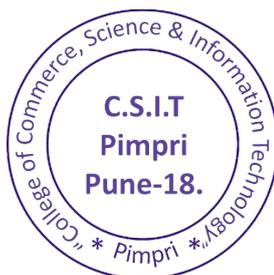
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Outcomes :

- 1 Faculty & Students were aware about the Yoga & its benefits
- 2 Faculty & Students know about the importance of psychological and physical wellness
- 3 Faculty & Students know about the how the yoga is useful for mental & physical well being



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ASM's

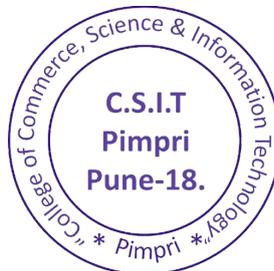
College Of Commerce Science & Information Technology

Name Of Program : International Yoga Day 2025

Date : 21/6/25

Attendance Of Participant

Sr. No	Name	Sign
1	Priya Janalkar	
2	Ahilya Patil	
3	Jyoti A. Tope	
4	Nichil Murtunde	
5	Saxika Guinde	
6	Rushi R. Durg	
7	Manoj Gajjar	
8	Mare Suresh	
9	Savitri Manalkar	
10	Amar Gajkumar	
11	Krishna Hanjale	
12	Tisha Bhate	
13	Jyoti Auri	
14	Purna Sahu	
15	Gajanan Rakhunde	
16	Rashmi Ambike	
17	Snehal Mohite	
18	Sauha Roy	
19	Jyoti Patil	
20	Madhura Kulkarni	
21	Dr. Mayur Sali	
22	Mr. Anil Ghanade	
23	Prof. Prasad D. Ladani	
24	Mr. Sursaj Kambale	
25	Mr. Narmul Huda	
26	Mr. Chaitanya Hanote	
27	Mr. Dnyanesh Mandale	
28	Anksh Patil	
29	Shreekanth Mahajan	
30	Gurjar Kubade	
31	Priyee Jadhav	
32	Amruta Joshi	
33	Ms. Trupti Kadam	
34	Mrs. Mahadevi Shella	
35	Sumi Chandran	
36	Kavita Shelar	
37	Priya Geikwad	
38	Kiran Gadhave	
39	Mira Katoze	
40	Bhavana Dhanbhar	



Handwritten signature of the Principal

Principal
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