

Date:-19/06/2025

Notice

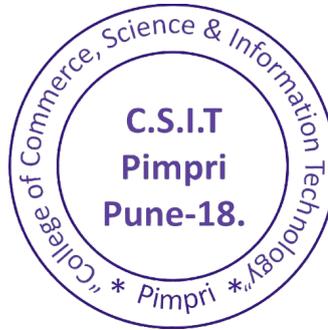
All NSS Students of ASM's College of Commerce and Information Technology (CSIT) are hereby informed that as per Guide Line of SPPU on occasion of "Bhaktiyog" We are organizing **International Yoga day on 21 June 2025.**

Venue: Netaji Palkar School, Shivajinagar, Pune.

Time: 7.00 am to 8.15 am.

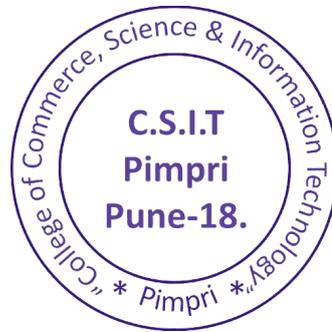
Note: Attendance of register students is mandatory. Please make sure to be present.


N.S.S Coordinator




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College of Commerce, Science &
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S. No. 29/1+2A, Pune-Mumbai Highway,
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Banner- International Yoga day (Bhaktiyog)



Relit.

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Date: -19/06/2025

Agenda – International Yoga day (Bhaktivog)

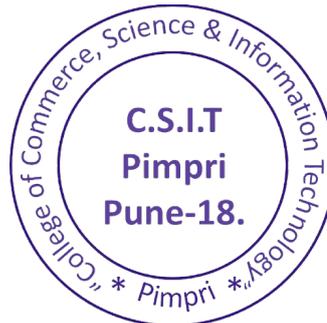
Date: -21.06.2025

Venue: Netaji Palkar School, Shivajinagar, Pune.

Time: 7.00 am to 8.15 am.

Time	Agenda
7:00 am	Palkhi Varkari Visit
7:05 am	Welcome Guest
7:10 am	Introduction of Guest
7.15 am	Asst.Prof Sachin Thorat Introductory Speech
7:30 am	Yoga Practical by Asst.Prof Sachin Thorat
8:15 am	Vote Of Thanks


N.S.S Coordinator



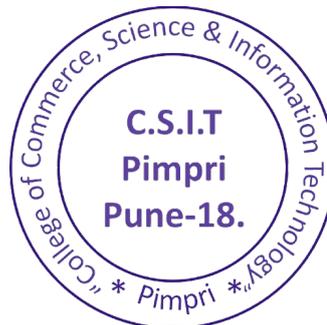

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Committee

Sr. No	Responsibility	Name of the Faculty Member
1.	Banner (Softcopy)	Asst. Prof Pratiksha Ingle
2.	Anchoring	Asst. Prof. Sachin Thorat
3	Yoga Practical Session	Asst. Prof. Sachin Thorat
4.	Geo Tag Photography	Shree Kudale-NSS Student
5.	Vote of Thanks	Shiv Gupta-NSS Student
6.	Arrangement	Krishna Deore- NSS Student
7.	Report	Asst. Prof. Chaitanya Hanote
8.	Website Uploading	Asst. Prof. Rushi Durge


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Report of Event “International Yoga Day (Bhaktiyog Program)”

Date	: 21.06.2025
Time	: 7.00 AM
Venue	: Netaji Palkar School, Shivajinagar, Pune.
Collaboration (If any)	: NSS - SPPU and NSS Dept. ASM CSIT, Pimpri, Pune
Coordinator	: Asst. Prof. Mr. Sachin Thorat

Introduction:

On the occasion of the 10th International Yoga Day, ASM's College of Commerce, Science and Information Technology (CSIT), Pimpri, Pune, in collaboration with NSS Unit of Savitribai Phule Pune University (SPPU), successfully organized a spiritually uplifting event titled “Bhaktiyog – Yoga Through Devotion” on 21st June 2025 at Netaji Palkar School, Shivajinagar, Pune.

This unique initiative aimed to blend the physical and spiritual dimensions of yoga by celebrating Yoga through the lens of Bhakti (Devotion), deeply rooted in the Warkari tradition of Maharashtra. The event emphasized the harmonious integration of Asanas, Pranayama, and devotional chanting, fostering both body discipline and inner peace.

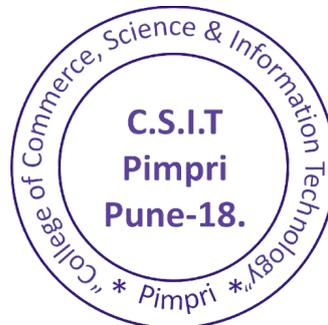
With the blessings of Lord Vithoba and the inspiring spirit of the Warkari Sampradaya, the session radiated a divine energy among all participants. Faculty, NSS volunteers, and students actively participated in the Palkhi Sohla 2025, symbolically uniting physical wellness and spiritual consciousness.

Objectives:

- 1 To raise awareness about the importance of International Yoga Day, emphasizing its value in promoting physical, mental, and emotional health.
- 2 To encourage students and staff to adopt Yoga as a regular practice, fostering a healthy, disciplined, and mindful lifestyle.
- 3 To introduce the principles of Bhakti Yoga, illustrating how devotion, prayer, and mantra chanting serve as powerful tools for achieving inner peace and emotional balance.
- 4 To create a spiritually enriching and inclusive atmosphere by blending traditional Indian practices such as bhajans and shloka recitation with modern yoga techniques.

Detailed Report:

On the occasion of **International Yoga Day**, ASM's CSIT College, Pimpri, in collaboration with the **NSS Unit of Savitribai Phule Pune University**, organized a special Yoga session titled “**Bhaktiyog – Yoga Through Devotion**” for the **Warkari community** on **21st June 2025** at **Netaji Palkar School, Shivajinagar, Pune**.





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The session was conducted by **Asst. Prof. Mr. Sachin Thorat**, who led the Warkaris through a spiritually enriching yoga practice. The program included **Asanas, Pranayama,** and **guided meditation**, specifically designed to enhance **physical well-being, mental clarity,** and **spiritual connection** through **Bhakti Yoga practices** like **mantra chanting** and **devotional focus**.

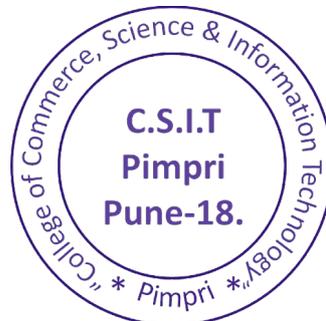
The initiative aimed to combine traditional **Warkari devotional values** with the **discipline of yoga**, creating a holistic experience that celebrated both **physical vitality and inner peace**. The active participation of the Warkaris made the event a meaningful contribution to the celebration of **International Yoga Day 2025**.



Yoga Session



Varkari Visit



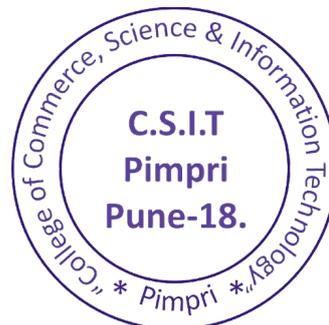

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NSS Students With Varkari

Outcomes:

- 1 Participants experienced a unique blend of physical and spiritual upliftment.
- 2 The integration of Bhakti Yoga fostered a deeper emotional connection and inner peace among attendees.
- 3 The devotional segment created a peaceful and harmonious environment on campus, promoting mindfulness, compassion, and unity.
- 4 The event inspired many participants to adopt daily yoga and meditation practices for a healthier and more balanced lifestyle.
- 5 Many students expressed interest in organizing regular yoga and bhakti sessions, indicating long-term engagement and impact.



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