

(ID. No. PU/PN/SC/160/2001)

(Affiliated to Savitribai Phule Pune University & Recognized by Govt. of Maharashtra)

S. No. 29/1+2A, Behind Sterling Honda, Pune-Mumbai Highway, Pimpri, Pune-411018

E-mail ID: [csit@asmedu.org](mailto:csit@asmedu.org)

Website: [www.csitedu.org](http://www.csitedu.org)

Tel : ( 020 ) 66351700

**Date: 20.09.2025**

## NOTICE

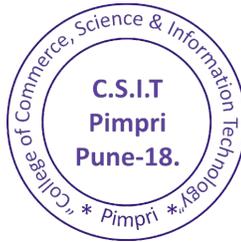
All staff members and students of **ASM's College of Commerce and Information Technology (CSIT)** are hereby informed that the **NSS Unit** of our college will be organizing a **“Health Camp”** for the benefit of students and faculty.

**Date:** 23<sup>rd</sup> September 2025

**Venue:** ASM CSIT College

**Time:** 01:00 PM – 2:00 PM

**Note:** Attendance of all students is mandatory. Please make sure to be present and participate actively in promoting health and well-being.





**Principal**

College of Commerce, Science &  
Information Technology  
S. No. 29/1+2A, Pune-Mumbai Highway,  
Pimpri, Pune - 411 018.

**Agenda - Health Camp**

**Date:** 23/09/2025

**Time:** 10.00 Am to 2.00 Pm

**Venue:** ASM CSIT College

Sr. No.	Time	Activity
1	10:00 am – 10:10 am	Inauguration & Guest Welcome
2	10:10 am – 10:20 am	Lighting of Lamp & NSS Song
3	10:20 am – 10:35 am	Address by Principal Sir
4	10:35 am – 11:00 am	Speech – Dr. Lalit Kanore Sir (Importance of Health Awareness)
5	11:00 am – 11:30 am	Health Awareness Lecture by Medical Officer
6	11:30 am – 12:30 pm	General Health Check-up (BP, BMI, Sugar Test, Eye Check-up)
7	12:30 pm – 01:00 pm	Dental Check-up & Health Counselling
8	01:00 pm – 01:30 pm	Free Distribution of Vitamins / Health Booklets
9	01:30 pm – 01:50 pm	Guidance on Mental Health & Stress Management
10	01:50 pm – 02:00 pm	Vote of Thanks – Mr. Chaitanya Hanote

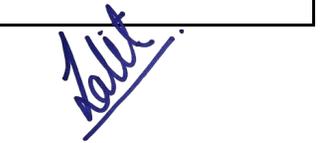

  
**EVENT**

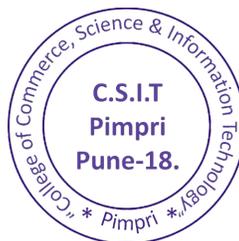
Coordinator


  
**VICE PRINCIPAL**

(Science)


  
**VICE PRINCIPAL**  
 (Commerce & Management)


  
**PRINCIPAL**  
 College of Commerce, Science &  
 Information Technology  
 S. No. 29/1+2A, Pune-Mumbai Highway,  
 Pimpri, Pune - 411 018.



**Committee for Health Camp**

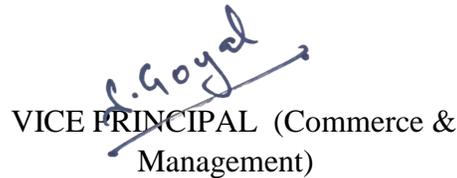
Sr.No	Committee	Committee Member Names
1	Notice & Agenda	Asst. Prof. Shahid Pathan
2	Stage Arrangement & Felicitation	Asst. Prof. Prasad Kadam
3	Banner	Asst. Prof. Prasad Kadam
4	Anchoring	Asst. Prof. Dnyanesh Mandale
5	Attendance & Photos	Asst. Prof. Prasad Kadam, Asst. Prof. Shahid Pathan
6	Technical Support	Mr.Sagar Patil
7	Vote Of Thanks	Asst. Prof. Mrs. Chaitanya Hanote
8	Report	Asst. Prof. Chaitanya Hanote


  
**EVENT**

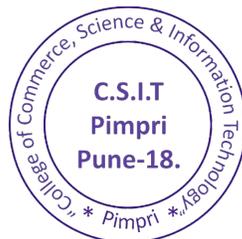
Coordinator


  
**VICE**

PRINCIPAL (Science)


  
**VICE PRINCIPAL (Commerce & Management)**


  
**PRINCIPAL**
  
 Principal
   
 College of Commerce, Science & Information Technology
   
 ASM's CSIT
   
 S. No. 29/1+2A, Pune-Mumbai Highway, Pimpri, Pune - 411 018.





# ASM's College of Commerce, Science & Information Technology

JOIN US FOR

## A Comprehensive Health Camp in Association with NSS

-  Sugar & ECG
-  Eye Check-up
-  General Health  
Checkup including BP



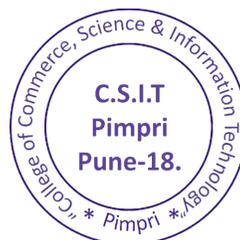
23<sup>rd</sup> Sept 25



ASM's CSIT Campus



9 AM Onwards



## Detailed Report of Event “Health Camp”

Date	: 23/09/2025
Time	: 10:00 AM to 2:00 PM
Venue	: ASM's College of Commerce, Science & Information Technology (CSIT), Pimpri, Pune
Collaboration (If any)	: NSS Unit ASM CSIT
Coordinator	: Mr. Prasad Kadam

### Introduction:

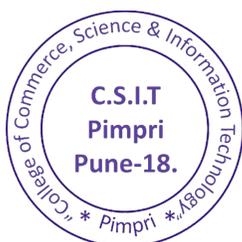
NSS Unit of ASM's College of Commerce and Science (CSIT) organized a *Health Camp* on 11th April 2025 with the objective of promoting health awareness and providing free medical check-ups to students, faculty, and non-teaching staff.

The camp was conducted under the guidance of **Principal, Dr. Lalit Kanore**, and **NSS Program Officer, Asst. Prof. Prasad Kadam**, with active support from the teaching and non-teaching staff.

To ensure smooth functioning and wider coverage, **two Mini Auditoriums** were allocated for the camp:

- **Mini Auditorium–1:** General Health Check-up (Blood Pressure, Blood Sugar, Dental, BMI, Basic Health Consultation)
- **Mini Auditorium–2:** Eye Check-up Camp

The event aimed to spread awareness about early diagnosis, lifestyle diseases, preventive health care, and the importance of routine medical check-ups. Apart from students, many faculty members and non-teaching staff also benefitted from the medical evaluations.



**Objectives:**

- 1 To provide free general health and eye check-ups to students and staff.
- 2 To increase awareness about common lifestyle disorders such as hypertension, diabetes, and dental issues.
- 3 To encourage students to prioritize personal well-being and preventive healthcare.
- 4 To guide students about early detection and timely treatment of health issues.
- 5 To promote the NSS motto “Not Me, But You” through service to the community.

**Detailed Report:**

The Health Camp began at **10:00 AM** with a formal inauguration ceremony. Principal **Dr. Lalit Kanore** welcomed the medical team and addressed the gathering, emphasizing the significance of routine health check-ups in reducing the risk of lifestyle diseases.

**1. Inauguration Ceremony**

Lighting of the lamp by Principal Sir and Staff Members.

NSS volunteers presented a welcome song.

**Principal Dr. Lalit Kanore** highlighted the role of health awareness in academic and personal growth.

**2. Setup of Two Mini Auditoriums**

**Mini Auditorium–1:**

- BP Check-up
- Blood Sugar Testing
- BMI Measurement
- Dental Check-up
- General Physician Consultation

**Mini Auditorium–2:**

- Complete Eye Examination
- Vision Testing
- Screening for Eye Disorders

This dual-auditorium arrangement ensured smooth flow and minimized crowding.

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### 3. Role of Faculty Members

**Asst. Prof. Prasad Kadam**, NSS Program Officer, supervised the entire event, coordinated with the medical team, and ensured proper organization throughout the camp.

**Asst. Prof. Chaitanya Hanote** provided significant support in the Eye Check-Up Auditorium and guided volunteers with scheduling and registrations.

Other faculty members assisted in maintaining discipline, data collection, and guiding the participants to different stations.

### 4. Health Check-Up Activities

Over the course of four hours, hundreds of students and staff underwent multiple tests:

#### a. Blood Pressure & Blood Sugar Testing

Conducted by trained medical staff using standard clinical equipment.

Students were educated on normal BP/Sugar levels and early signs of hypertension and diabetes.

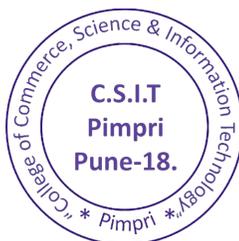
#### b. BMI & General Consultation

Height, weight, and BMI levels were recorded.

Doctors advised students on diet, exercise, stress management, and healthy daily habits.

#### c. Dental Check-Up

Dentists examined oral hygiene, cavities, gum health, and provided preventive care tips.



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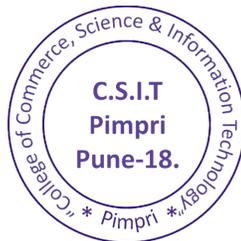
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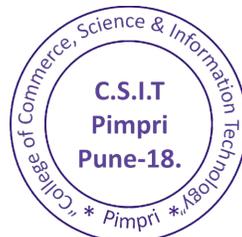
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#### **d. Eye Check-Up Camp**

Vision screening using charts and digital machines.

Detection of refractive errors, dryness, and preliminary eye conditions.

Students needing further evaluation were referred to specialized clinics.

**Asst. Prof. Chaitanya Hanote** monitored crowd flow and assisted the medical team.

#### **5. NSS Volunteers' Role**

NSS volunteers managed:

Registration counters

Queue management

Assisting medical staff

Distributing health-awareness pamphlets

Escorting students between the two auditoriums

Recording collected data and feedback

Their dedication ensured the camp ran efficiently and professionally.

#### **6. Principal's Interaction with Students**

Principal **Dr. Lalit Kanore** visited each section of the health camp, appreciated the volunteers, and encouraged students to adopt a disciplined lifestyle focusing on mental and physical well-being.

#### **7. Vote of Thanks**

The camp concluded at **2:00 PM** with a formal vote of thanks delivered by **Asst. Prof. Prasad Kadam (NSS PO)**.

He acknowledged:

#### **Outcomes:**

- 1 Students gained awareness about personal health, eye care, dental hygiene, and preventive health practices.
- 2 Early detection of health issues such as irregular BP, high sugar levels, and vision problems.
- 3 Increased participation and enthusiasm among students in NSS social activities.
- 4 Improved understanding of lifestyle disorders and the importance of timely medical examinations.
- 5 Strengthened the culture of wellness and health consciousness within the college community.
- 6 Enhanced leadership, teamwork, and organizational skills among NSS volunteers.

