

Notice for Students about the Karate Training Camp on 22nd Sept. 2025.

Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology
(ID.No. PU/PN/SC/160/2001)
(Affiliated to Savitribai Phule Pune University & Recognized by Govt. of Maharashtra)
S. No. 29/1+2A, Behind Sterling Honda, Pune-Mumbai Highway, Pimpri, Pune-411018
E-mail ID: csit@asmedu.org Website: www.csitedu.org Tel:(020) 66351700

दिनांक:- 22/09/2025

सूचना

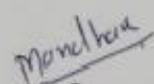
विद्यार्थी कल्याण विभाग व क्रीडा विभाग यांच्या संयुक्त विद्यमाने
विद्यार्थिनी कराटे प्रशिक्षण शिविर २०२५ (तिमाही)
आयोजित करण्यात आले आहे.

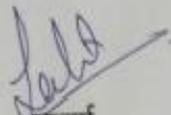
❖ कालावधी : २६/०९/२०२५ ते २६/१२/२०२५
❖ वेळ : सकाळी १०.०० ते ११.००
❖ स्थळ : महाविद्यालयीन पार्किंग.

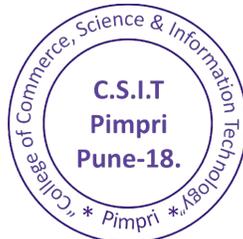
या शिबिरामध्ये विद्यार्थिनींना आत्मसंरक्षणाचे विविध तंत्र, शारीरिक तंदुरुस्तीचे महत्त्व तसेच शिस्त व आत्मविश्वास वाढविण्याच्या पद्धती शिकविल्या जातील. हे प्रशिक्षण व्यावसायिक प्रशिक्षकांमार्फत दिले जाणार असून विद्यार्थिनींना भविष्यात उपयुक्त ठरणारे कौशल्य विकसित करण्याची ही एक उत्तम संधी आहे.

सर्व इच्छुक विद्यार्थिनींनी या प्रशिक्षण शिबिरात उत्साहाने सहभागी व्हावे, ही विनंती.


विद्यार्थी कल्याण विभाग


क्रीडा विभाग


प्राचार्य





Principal

College of Commerce, Science &
Information Technology
S. No. 29/1+2A, Pune-Mumbai Highway,
Pimpri, Pune - 411 018.



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E-mail ID: csit@asmedu.org Website: www.csitedu.org Tel:(020) 66351700

Date :- 22/09/2025

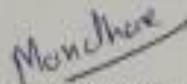
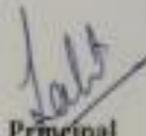
NOTICE

Under the joint association of the *Student Welfare Department* and the *Sports Department*, a **Karate Training Camp (Three Months) for Girl Students**, has been organized in our college.

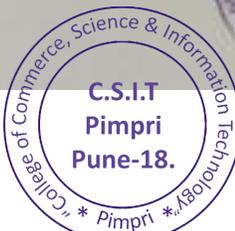
- ❖ **Duration :** 26/09/2025 to 26/12/2025.
- ❖ **Time :** 10:00 AM to 11:00 AM.
- ❖ **Venue :** College Parking Area.

In this camp, girl students will be trained in various self-defense techniques, the importance of physical fitness, as well as discipline and confidence-building methods. The training will be conducted by professional trainers, and it will be an excellent opportunity for girl students to develop useful skills for the future.

All interested girl students are requested to participate enthusiastically in this training camp.

 Student Welfare Department Prof. Shreekant Mahajan	 Sports Department Prof. Savitri Mandhare	 Principal Dr. Lalit Kanore Principal College of Commerce, Science & Information Technology S. No. 29/1+2A, Pune-Mumbai Highway, Pimpri, Pune - 411 018.
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College of Commerce, Science & Information Technology
S. No. 29/1+2A, Pune-Mumbai Highway
Pimpri, Pune - 411 018.



ASM
CSIT

औद्योगिक शिक्षण मंडळ द्वारा संचालित
कॉलेज ऑफ कॉमर्स, सायन्स एंड इनफार्मेशन टेक्नोलॉजी
पिंपरी

विद्यार्थी कल्याण विभाग व क्रीडा विभाग यांच्या संयुक्त विद्यमाने आयोजित

विद्यार्थिनी
कराटे प्रशिक्षण
शिविर २०२५
(तिमाही)

दिनांक:
२६/०९/२५ ते २६/१२/२५

वेळ :
सकाळी १०:०० ते ११:००

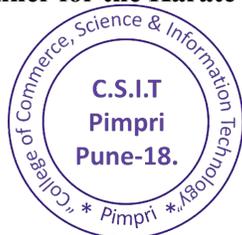
स्थळ :
महाविद्यालयीन पार्किंग

विद्यार्थी कल्याण विभाग
प्रा. श्रीकांत महाजन

क्रीडा विभाग
प्रा. सावित्री मांडरे

प्राचार्य
डॉ. ललित कानोरे

Banner for the Karate Camp.



Lalit

Principal

College of Commerce, Science &
Information Technology
S. No. 29/1+2A, Pune-Mumbai Highway,
Pimpri, Pune - 411 018.

Report of Three Months Karate Training Camp for Girl Students.

Duration 26/09/2025 To 26/12/2025

Time 10.00 AM to 11 AM.

Venue: - ASM CSIT College Ground.

Detailed Report of Three Months Karate Training for Girl Students.

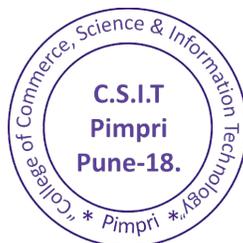
Date	: 26th Sept. 2025 to 26th Dec. 2025.
Time	: 10.00 AM to 11.00 AM.
Venue	: ASM CSIT College, Parking Ground.
Collaboration (If any)	: Students Development Department & Sports Department.
Coordinator	: Mr. Shreekant Ashok Mahajan & Mrs. Savitri Mandhare.

Introduction:

The Student Welfare Department and Sports Department of our college jointly organized a **Quarterly Karate Training Camp for Girl Students 2025**. The camp was conducted from **26th September 2025 to 26th December 2025** in the college premises. The main objective of the program was to impart **self-defense skills, physical fitness, and confidence-building techniques** to girl students. Professional trainers guided the students through various karate techniques and discipline-oriented practices. The program received enthusiastic participation and contributed to the **overall empowerment and personality development** of the students.

Objectives:

- 1 To provide girl students with essential **self-defense techniques**.
- 2 To promote **physical fitness and mental discipline**.
- 3 To enhance **self-confidence and leadership qualities** among students.
- 4 To create awareness about the importance of **personal safety and empowerment**.
- 5 To encourage students to adopt a **healthy lifestyle and regular exercise habits** through martial arts training.




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Pimpri, Pune - 411 018.

Detailed Report:**Program Schedule**

Time Slot	Activity
10:00 AM – 10:05 AM	Opening & Welcome Speech by Mrs. Savitri Mandhare.
10:05 AM – 10:15 AM	Principal Dr. Lalit Kanore Sir Guidance to Students.
10:15 AM – 10:25 AM	Dr. Vikas Barbate Sir Speech.
10:25 AM – 10:30 AM	Trainer Guidance to students.
10:30 AM – 11:30AM	Trainer Demo and exercise , Training Session of students.
11:30 AM – 11:35AM	Vote of Thanks by Mr. Shreekant Mahajan.

Event Highlights

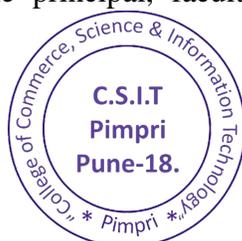
The Karate Training Camp inaugural session was conducted as per the following schedule:

The program began at **10:00 AM** with an opening and welcome speech by **Prof. Savitri Mandhare**, who warmly addressed the students and highlighted the importance of the training camp. This was followed by an inspiring **guidance address by our Principal, Dr. Lalit Kanore (10:05 AM – 10:15 AM)**, where he motivated the students to participate wholeheartedly and explained the role of such activities in student empowerment.

At **10:15 AM**, **Dr. Vikas Barbate** delivered his speech, emphasizing the significance of self-defense education and the holistic development of students. Later, at **10:25 AM**, the professional karate trainer interacted with the students, giving them an overview of the training methodology and its benefits.

The core session of the program was held from **10:30 AM to 11:30 AM**, where the trainer conducted a **live demonstration of karate techniques**, basic exercises, and guided the students through initial training activities. The students actively participated with enthusiasm and energy.

The program concluded at **11:30 AM** with a **Vote of Thanks by Prof. Shreekant Mahajan**, who expressed gratitude towards the principal, faculty members, trainer, and students for their



cooperation and participation, ensuring the successful commencement of the Karate Training Camp.



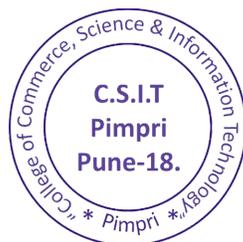
Pune, Maharashtra, India 🇮🇳
S. No. 29, Old Mumbai Rd, Opposite Central Mall, Midc, Pimpri Colony,
Pune, Maharashtra 411018, India
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Opening Speech by Mrs. Savitri Mandhare.



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Pune, Maharashtra 411018, India
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ASM CSIT College Dr. Lalit Kanore Sir Guidance Speech for students.

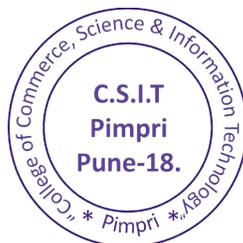




Trainer Welcome for the training session.



IPS Dean Dr. Vikas Barbate Sir Speech

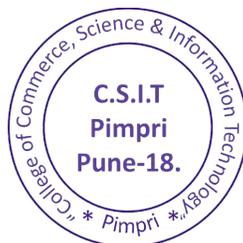




Practical Demo of Karate by trainer 1



Self-Defiance demo to students.





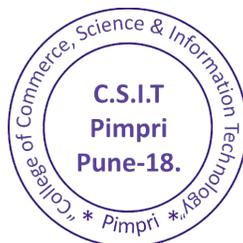
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Pune, Maharashtra 411018, India
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26/09/2025 10:28 AM GMT +05:30

Trainers Guidance during the session



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S. No. 29, Old Mumbai Rd, Opposite Central Mall, Midc, Pimpri Colony,
Pune, Maharashtra 411018, India
Lat 18.632298° Long 73.799653°
26/09/2025 10:57 AM GMT +05:30

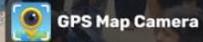
Exercise of students





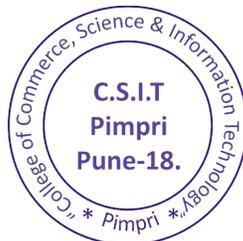
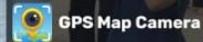
Pune, Maharashtra, India

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Pune, Maharashtra 411018, India
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26/09/2025 10:58 AM GMT +05:30



Pune, Maharashtra, India

S. No. 29, Old Mumbai Rd, Opposite Central Mall, Midc, Pimpri Colony,
Pune, Maharashtra 411018, India
Lat 18.632308° Long 73.799647°
26/09/2025 10:56 AM GMT +05:30





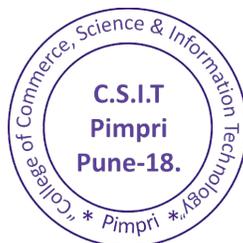
Vote of thanks by Mr. Shreekant Mahajan.

Conclusion

The Karate Training Camp 2025 successfully empowered girl students with self-defense skills, fitness awareness, and confidence. The enthusiastic participation and professional guidance made the program highly impactful and beneficial.

Outcomes:

- 1 Students gained **practical knowledge of self-defense** for real-life situations.
- 2 Improved **physical strength, stamina, and flexibility** were observed among participants.
- 3 The camp helped in building **confidence and positive mindset** in girl students.
- 4 Students expressed keen interest in continuing martial arts training.
- 5 The camp created a strong sense of **discipline, focus, and time management** among students.
- 6 It helped in fostering **team spirit, mutual respect, and cooperation** with group practice sessions.



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Principal

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Students Attendance

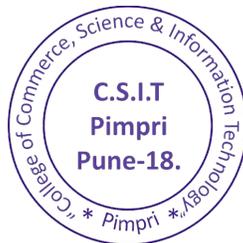
Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology, Pimpri

Attendance sheet

Name of the Event: Self Defence Karate Camp 2025-26

Date and time: _____

Sr.no	Name of the student	Department	Signature
1	Souin Roy		
2	Pradhuo Kulkarni	Commerce	<i>[Signature]</i>
3	Rashna Golande	Commerce	<i>[Signature]</i>
4	Bindiya Lalwani	Commerce	<i>[Signature]</i>
5	Ruchira Pawar	Mgmt/Com	<i>[Signature]</i>
6	Ashwini Dhanave	Mgt	<i>[Signature]</i>
7	Anilya Patil	Comp Sci	<i>[Signature]</i>
8	Namrata Gachchi	Comp Sci	<i>[Signature]</i>
9	Sumi-c	Mgt	<i>[Signature]</i>
10	Trupti Kadam	Management	<i>[Signature]</i>
11	Sanjay Mandhok	Sports	<i>[Signature]</i>



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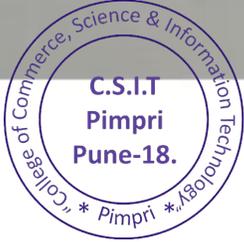
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Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology, Pimpri
Attendance sheet
Name of the Event Self Defence Karate Camp
Date and time: _____

Sr.No	Name of the student	Class	Signature
1	Peornima Vinad	SY BSc (CS)	<i>Peornima</i>
2	Afreen Shaikh	SY BSc (CS)	<i>Afreen</i>
3	Pranali Patil	SY BSc (CS)	<i>Pranali</i>
4	Chaitali Waghmode	SY BSc (CS)	<i>Chaitali</i>
5	Usha Sapre	SY BSc (CS)	<i>Usha</i>
6	Sakshi Avhal	SY BSc (CS)	<i>Sakshi</i>
7	Amita Dewkar	SY BSc (CS)	<i>Amita</i>
8	Pooja Rai	SY BSc (CS)	<i>Pooja</i>
9	Suman R. Gupta	SY BSc (CS)	<i>Suman</i>
10	Sweety J. Nadar	SY BSc (CS)	<i>Sweety</i>
11	Puja R. Prajapati	FY BBA	<i>Puja</i>



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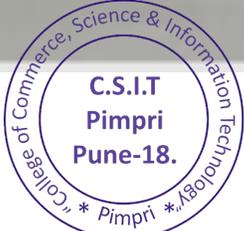
Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology, Pimpri

Attendance sheet

Name of the Event: Self Defence Karate Camp

Date and time: _____

Sr.no	Name of the student	Class	Signature
1	Smriti Chabukwari	Sy BBA	[Signature]
2	Khan Alamin	Sy BBA	[Signature]
3	Priti R Munne	Sy BBA	[Signature]
4	Neha R Sakhare	Sy BBA	[Signature]
5	Tejra Vishwakarma	Sy BBA	[Signature]
6	Arbina Vishwakarma	Sy BBA	[Signature]
7	Angel Pandey	11th Comm.	[Signature]
8	Mamta Wankar	11th Science	[Signature]
9	Mansi Gaitikwad	11th Science	[Signature]
10	Vishaka Yhadge	11th Comm	[Signature]
11	Dolly Mangesh Tamboli	11th Comm	[Signature]
12	Muskan Shah	11th Comm	[Signature]
13	Ajroni Brajapati	11th comm.	[Signature]
14	Pohi Kulkarni	11th comm.	[Signature]
15	Revati Shetty	11th com	[Signature]
16	Shaminda Pandey	11th com	[Signature]
17	Soni Rajat	11th com	[Signature]
18	Pratigya Verma	11th Com	[Signature]
19	Maali Hajare	11th com	[Signature]
20	Pradheer Behere		
21			
22			
23			



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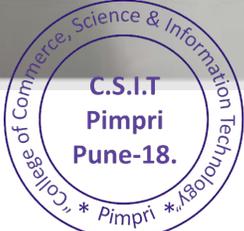
Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology, Pimpri

Attendance sheet

Name of the Event: Self Defence Incurate camp

Date and time: _____

Sr.no	Name of the student	Class	Signature
1	Ritika Adke		
2	Dhanashri A. Shingondekar	MBA-FY	<i>[Signature]</i>
3	Riya Givi	MBA-FY	<i>[Signature]</i>
4	Gifty John	SBCA-Sci	<i>[Signature]</i>
5	Shetal Panaware	SYBCA-Sci	<i>[Signature]</i>
6	Sanika Bangar	SYBCA-Sci	<i>[Signature]</i>
7	Shradha Chavan	TYBBA-CA	<i>[Signature]</i>
8	Vaishnavi Shingare	TYBBA-CA	<i>[Signature]</i>
9	Vaishnavi Chavan	TYBBA-CA	<i>[Signature]</i>
10	Hanshda Bolekar	TYBBA-CA	<i>[Signature]</i>
11	Ashvi Kardale	TYBSC-ES	<i>[Signature]</i>
12	Tamanna Singh	12 th Commerce	<i>[Signature]</i>
13	Bhumi Baharwal	12 th Commerce	<i>[Signature]</i>
14	Rutuja Mahadik	SY BBA	<i>[Signature]</i>
15	Azra Malik	SY BBA	<i>[Signature]</i>
16	Sushrta Prajapati	SY BBA	<i>[Signature]</i>
17	Akshara Pawar	11 th A	<i>[Signature]</i>
18	Komal Pawar	11 th	<i>[Signature]</i>
19	Poonam Lalage	11 th Com	<i>[Signature]</i>
20	Nishita Shastribandi	11 th Com	<i>[Signature]</i>



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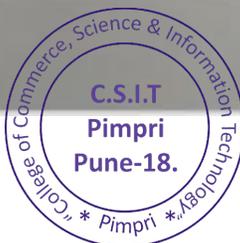
Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology, Pimpri

Attendance sheet

Name of the Event: Self Defence Karate Camp

Date and time: _____

Sr.no	Name of the student	Class	Signature
01	Snehal Ade	S.V-BSCIT	Snehal
02	Manali Shinde	S.V-BSCIT	Manali
03	Anushka Shirole	S.V-BSCIT	Anushka
04	Khan Mariyam	12 th Com	Mariyam
05	Rani Thapa	12 th Com	Rani
06	Riddhi Tujare	12 th Com	Riddhi
07	Siddhi Masurga	12 th Com	Siddhi
08	Josana Mhankate	12 th Com	Josana
09	Anchal Yadav	12 th Com	Anchal
10	Komal Saw	12 th Com	Komal
11	Loiba Khan	12 th Com	Loiba
12	Vaishnavi Damajiwade	12 th Sci	Vaishnavi
13	Iqra Khan	12 th Sci	Iqra
14	Harshali Parab	12 th Sci	Harshali



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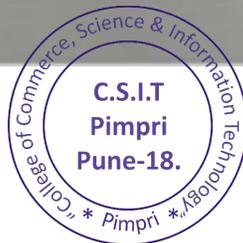
Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology, Pimpri

Attendance sheet

Name of the Event: Self Defence Karate Camp

Date and time: _____

Sr.no	Name of the student	Class	Signature
1	Mahak Shaikh		
2	Sanskriti Sawadkhan	SY BSC CS	<i>[Signature]</i>
3	Shreya Chingunde	FY.BBA	<i>[Signature]</i>
4	Arati Deokar	F.Y.BBA	<i>[Signature]</i>
5	Tanaya. Ghadge	F.Y.MBA	<i>[Signature]</i>
6	Jadhav Prachi	F.Y. MBA	<i>[Signature]</i>
7	Shirsath Shreya	F.Y.MBA.	<i>[Signature]</i>
8	Sonija.D. Chohan	FY BBA	<i>[Signature]</i>
9	Sajal B. Kamble	Fy BBA	<i>[Signature]</i>
10	Asmita Gupta	Fy BBA	<i>[Signature]</i>



[Handwritten Signature]

Principal

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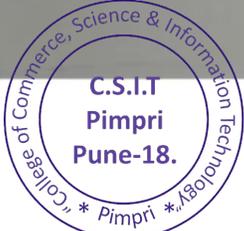
Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology, Pimpri

Attendance sheet

Name of the Event: Self Defence Karate Camp

Date and time: _____

Sr.no	Name of the student	Class	Signature
1	Vaishnavi Koli		
2	Bhagyashri Wathe	BBA	Vaishnavi
3	Manisha Telange	BBA	Bhagyashri
4	Shweta Shetty	BBA-IB	Shweta
5	Shranya Shah	BBA-IB	Shranya
6	Mansi Kamble	BBA-IB	Mansi
7	Pooja Kamble	BBA	Pooja
8	Fatsham Anshari	MBA-FY	Fatsham
9	Kulshum Anshari	S.Y Bcom	Kulshum
10	Kashish Gupta	S.Y Bcom	Kashish
11	Ananya Fulta	S.Y. Bcom	Ananya
12	Anjali Parthe	BBA-FY	Anjali P
	Riddhi Panbade	BBA-FY	Riddhi



Koli

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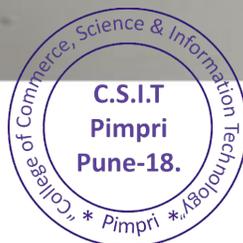
Audyogik Shikshan Mandal's
College of Commerce, Science & Information Technology, Pimpri

Attendance sheet

Name of the Event: Self defence karate camp

Date and time: _____

Sr.no	Name of the student	Class	Signature
01	Parsi Tiwari		
02	Riya Banolekar	Sy Bcom	
03	Pritamrani Rajwanshi	Sy Bsc IT	
04	Bharti Pawar	Sy Bsc cyber	
05	Sanvesha Tate	Sy Bsc cyber	
06	Tejasvee Jadhav	Sy Bsc IT	
07	Sakshi L Gonde	Sy Msc (DS)	
08	Goeta D. Raut	Sy Bsc es	Sakshi.G
09	Sandhya wakode	Sy BBA	
10	Anshika Chavrsiya	12 th sci	Anshika
11	Aishwarya Pawar	12 th sci	
12	vedika Kadam	12 th Com	
13	Achal Vishwakarma	12 th Com	
14	Arathi Thewari	12 th su	Jadhav
15	Kirti Samoj	12 th su	
16	Anushka More	11 th Com	
17	Harshada Bhosele	11 th Com	
18	Vaishnavi Gavali	11 th sci	Vaishnavi
19	Arya Mirajkar	11 th sci	
20	Tanvi Raskar	11 th sci	
21	Taniska Dhatonde	11 th su	
22	Paridhee Behera	11 th sci	
23	Anuja Pradhan.	11 th sci	Anuja



Kalita

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